



The First Born Program's mission is to improve the health and wellness status of all first-time families by building family resiliency through relationships, support, education, and community connectivity. The program is grounded in the belief that healthy pregnancies and healthy families are foundational to the long-term health and success of our community.

Holy Cross Hospital, Northern NM Midwifery Center, Community Wellness Center and Early Childhood Resource Center are collaboratively offering home-visiting to all first time parents in Taos County through First Born. All first-time families will be offered weekly services, beginning anytime from prenatal care until the baby is age three.

The program's objectives are to:

- 1.) Increase the number of pregnant woman who receive consistent prenatal care, and increase their knowledge of prenatal issues that promote healthy life styles and positive birth outcomes; and
- 2.) Increase the number children ages 0-3 who have increased protective factors, meet developmental milestones, and who have parents who are resilient.

First Born is a New Mexico program. Started in Grant County, NM, and implemented in Grant, Rio Arriba and Taos counties, it meets the cultural, economic, social and health needs of our communities' mothers and babies; it is community driven, supported by the medical community; and has researched-based core curricula.

To refer a family to the program, please contact:

- Joella Ann Montoya, First Born Program, at 751-7047
- Brandy Corry, Early Childhood Resource Center, at 758-1395
- Kimberly Lavender, Community Wellness Center, at 758-9343
- Joan Norris, Northern NM Midwifery Center, at 758-1216
- Marlee Esponiza or Valerie Suazo, Taos Pueblo Baby Face, at 758-3652

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Email for information: lchase@taoshospital.org or kshull@taoshospital.org